NORTHERN REGIONAL BEHAVIORAL HEALTH POLICY BOARD MINUTES DATE: May 4th, 2023 TIME: 2:00 p.m. to Adjournment

Meeting Locations

This meeting will be via teleconference at:

Join Zoom Meeting https://us06web.zoom.us/j/83625007893?pwd=T0thbG1wQWN6SUF6RWJwdkFJV1VFQT09 Meeting ID: 836 2500 7893 Passcode: 682631

One tap mobile +12532158782,,91306725084#,,,,*649645# US (Tacoma) Meeting ID: 836 2500 7893 Passcode: 682631 Find your local number: https://us06web.zoom.us/u/kcIJdJlMcg

Notes to all members:

Note: Before speaking, please state your full name for the record whether appearing by phone or video. This meeting is a public meeting, recorded and held in compliance with and pursuant to the Nevada Open Meeting Law, NRS241. All voting members should leave their cameras on for the duration of the meeting and refrain from entering any information into the chat function of the video platform.

Note: Agenda items may be taken out of order, combined for consideration, and or removed from the agenda at the chairperson's discretion.

 Call to Order and Roll Call at 2:01 pm, quorum was noted. (Chair - Taylor Allison/Vice Chair - Ali Banister)

Members:

Taylor Allison (Chair) - Absent Dr. Ali Banister (Vice-Chair) Dr. Robin Titus Laura Yanez Nicki Aaker Lana Robards Sheriff Ken Furlong Shayla Holmes Erik Schoen Dr. Amy Hyne-Sutherland Sandy Wartgow

2.) PUBLIC COMMENT

Public testimony under this agenda item may be presented by a computer, phone, or written comment. Due to time considerations, each individual offering public comment will be limited to not more than <u>three (3)</u> minutes.

No public comment was made.

3.) For Possible Action: Review and possible action of nominating and voting in a new chair due to the resignation of current Chair Taylor Allison. (Vice-Chair Ali Banister, Board members, and Regional Behavioral Health Coordinator)

The Coordinator discussed the resignation of Chair Taylor Allison from her position and the board due to her new job duties. Vice Chair, Dr. Ali Banister asked the board for any nominations for a new Chair of the Northern Regional Behavioral Health Board.

Dr. Amy Hyne-Sutherland went on record to nominate Ms. Shayla Holmes to serve as Chair. No other nominations were made. Ms. Shayla Holmes accepted the nomination.

Ms. Lana Robards second the nomination. None opposed. Motion passed.

4.) For Possible Action: Review and possible action of nominating and voting in a new vice-chair due to the resignation of the current Vice-Chair Ali Banister, who is stepping down but will remain a board member fulfilling her term. (Newly elected Chair, Board members, and Regional Behavioral Health Coordinator)

Chair, Shayla Holmes reviewed the resignation of Vice Chair, Dr. Ali Bannister's resignation from the position of Vice Chair for the Northern Regional Behavioral Health Board but will remain as a board member. Dr. Ali Banister led the nomination for the position of Vice Chair with Dr. Amy Hyne-Sutherland. Dr. Amy Hyne Sutherland accepted the nomination. No other nominations were made.

Mr. Erik Schoen second the nomination. None opposed. Motion passed.

5.) For Possible Action: Review and possible approval of meeting minutes from March 9th, 2023. (Chair Taylor Allison and Board members)

Mr. Erik Schoen motioned to approve the minutes, Dr. Ali Banister second the motion. Ms. Nicki Aaker abstained from this motion due to her absence from the past meeting.

6.) Informational: Presentation on the Fund for a Resilient Nevada, NRS 433.712 through 433.744 (Dawn Yohey, MFT, LCADC Clinical Program Planner 3, DHHS, Director's Office, Fund for a Resilient Nevada and Mark J. Krueger)

Ms. Dawn Yohey presented her portion of the presentation with Mr. Mark J. Krueger, leading with the discussion of Nevada Revised Statutes (NRS) 433.712 through 433.744. Ms. Yohey then discussed The Fund for a Resilient Nevada where it is the States portion of recoveries is deposited after payment to counties and lead litigator costs and fees. The Advisory Committee for a Resilient Nevada (ACRN)'s primary goal of prioritizing recommendations based on the needs assessment, in a report to the director every other year, for potential allocation of funds.

Ms. Yohey expanded on the Statewide Needs Assessment by summarizing the usage of reports, qualitative and quantitative data, evidence-based practices, participatory research, community outreach, and the input and advisement from the Advisory Committee and other agency recommendations as well. For DHHS to determine what programs and services, the Needs Assessment and Statewide Plan mut be updated every 4 years, with yearly reports to the governor and state legislature. Ms. Yohey also reviewed the 7 Statewide Plan Goals that align with the National Drug Control Policy. Ms. Yohey clarified the eligibility for Regional, County and Tribal Partners with the creation of a Needs Assessment to include community outreach for the planning of opioid epidemic and setting priorities for funding and intended uses. Ms. Yohey lastly covered the Opioid Settlement Litigation Funding Distribution module.

Ms. Nicki Aaker asked Ms. Yohey to elaborate about the funding being distributed to cities. Ms. Yohey clarified that the cities that are a One Nevada Signatories that are a litigating city, and listed the list of counties and cities that she knows of receive funding from the Opioid Settlement Funding.

7.) Informational: Presentation on the 2021YRBSS High School and Middle School data concerning the Northern Behavioral Health Region. (Kristen Clements-Nolle, PhD, MPH Professor and Academic Director, Epidemiology School of Public Health / 275 University of Nevada, Reno)

Dr. Kristen Clements presented on the behavioral health and mental health outcomes where she summarized partners, participants, and surveys that have been sent out. Dr. Clements stated that through Senate Bill 69, there is now passive parental permission in all counties. Dr. Clements summarized the data for the results for not only the state but counties and regions. The high school data for Carson City, Churchill, Douglas, Lion, and Storey County were briefed, with a comparison of the data for all of Nevada and Northern Behavioral.

Senator Robin Titus asked for data for completed suicides that have occurred. Dr. Clements clarified that the presentation was a survey for the youth to complete, where they could report if they received medical attention when having any mental health difficulties.

The Coordinator addressed Senator Titus about the 2020 Epidemiology Report for the Northern Region of Nevada containing the number and rates of suicide, and it will be touched on during the next meeting. The Coordinator also asked Dr. Clements if it was possible to have a further breakdown by County for the data that was presented. Dr. Clements stated that they do not give out broken down information that could identify schools unless the schools will write internal grants.

Vice-Chair, Dr. Amy Hyne-Sutherland asked Dr. Clements if there were trends that stood out. Dr. Clements emphasized that there was a lot of attention to the age group of 19-20 through the pandemic, where there was emphasis on the high school population instead of the middle school age group.

The Northern Regional Behavioral Health Policy Board collectively wanted to have data specified per county and per ages, the Coordinator will reach out to office of analytics for more in-depth data for the region to be reported at the next meeting.

8.) For Possible Action: Review and possible action of nominating and voting Alana Rogne, DNP, APRN-CNP, PMHMP-BC as a voting member to serve in the seat of a licensed Nevada Clinical Psychiatrist or Psychologist with a PhD if none is available a provider who has experience working with persons with mental illness, or who abused alcohol or drugs.

Ms. Alana Rogne stated that when she discovered that there was a board that she could take place in where the board does fight for mental health advocacy, she felt as if this could be the next breath that she takes.

Ms. Lana Robards interjected to vouch for Ms. Rogne, after watching her hard work through education and clinical experience she recommended her to join The Northern Regional Behavioral Health Policy Board.

Dr. Ali Banister motioned to vote for Ms. Rogne to join the board; Senator Robin Titus second the motion. None opposed, motion carried.

9.) For Possible Action: The Northern Regional Behavioral Health Policy Board will review, discuss, and provide direction to Board Chair and Regional Behavioral Health Coordinator regarding legislation for the 83rd Nevada Legislation. The legislation includes Assembly Bill 201, Assembly Bill 99, Assembly Bill 52, Assembly Bill 108, Assembly Bill 115, Assembly Bill 132, Assembly Bill 138, Assembly Bill 156, Assembly Bill 198, Assembly Bill 219, Assembly Bill 248, Assembly Bill 265, Assembly Bill 277, Senate Bill 91, Senate Bill 117, Senate Bill 118, Senate Bill 128, Senate Bill 156, Senate Bill 210, Senate Bill 221, Senate Bill 237, Senate Bill 267, and Senate Bill 294.

Bill Number	Bill Overview	Direction or Discussion
Assembly Bill 201	AN ACT relating to behavioral health; requiring the Commission on Behavioral Health to provide certain oversight and make certain recommendations concerning the children's behavioral health system of care; requiring the formulation and operation of comprehensive state plans to provide behavioral health services for adults and children; requiring the certification of persons and entities who receive federal or state money to provide such services; requiring the adoption of clinical standards of care for the provision of such services; revising certain duties of the Commission, regional behavioral health policy boards and mental health consortiums of this State; and providing other matters properly relating thereto	
Assembly Bill 99	Revises provisions governing Medicaid rates of reimbursement.	
Assembly Bill 52	Makes various changes to Open Meeting Law	
Assembly Bill 108	Enacts the Nurse Licensure Compact	
Assembly Bill 115	Revises provisions relating to substance use disorders.	
Assembly Bill 132	Creates the Committee to Review Overdose Fatalities.	

Assembly Bill 138	Provides Medicaid coverage for certain types of behavioral health integration services.	
Assembly Bill 156	Revises provisions relating to substance use disorders.	
Assembly Bill 198	Revises provisions governing health care	
Assembly Bill 219	Makes various changes to the Open Meeting Law.	
Assembly Bill 248	Makes an appropriation relating to health services in underserved areas.	
Assembly Bill 265	AN ACT relating to mental health; revising the duties of the Commission on Behavioral Health; creating a statewide mental health consortium; prescribing the membership, powers and duties of the statewide mental health	
	consortium; revising requirements governing the disbursement of certain money; authorizing each mental health consortium to request the drafting of not more than 1 legislative measure for each regular session of the Legislature; and providing other matters properly relating thereto.	
Assembly Bill 277	Establishes provisions governing rural emergency hospitals.	
Senate Bill 91	Authorizes a licensed clinical alcohol and drug counselor to supervise a certified problem gambling counselor intern.	
Senate Bill 117	Revises provisions relating to Community Health Workers. Expands community health worker reimbursement to include reimbursement for behavioral health services.	Vice Chair, Dr. Amy Hyne-Sutherland motion to support, Mr. Erik Schoen to second. None opposed, motion passed. The board will submit a letter in support.
Senate Bill 118	Revises provisions relating to public health.	Ms. Nicki Aaker motion to support, Vice Chair, Dr. Amy Hyne-Sutherland to second. None opposed, motion passed. The board will submit a letter in support.
Senate Bill 128	Revises provisions relating to fentanyl and certain related opioids.	
Senate Bill 156	Revises the Open Meeting Law.	
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Senate Bill 210	Revises provisions governing state boards and commissions.	
Senate Bill 221	Revises provisions relating to Medicaid.	
Senate Bill 237	Revises provisions relating to crisis intervention	
Senate Bill 267	Establishes provisions relating to insurance coverage of mental health services	
Senate Bill 294	Revises provisions related to the safe storage of firearms.	

The Coordinator led with the letters to be sent in on behalf of the board as discussed at the last board meeting, Chair Shayla Holmes asked the Coordinator to have an email vote for the letters to be sent. The Board decided to establish a subcommittee moving forward for next state legislation.

The Coordinator discussed timelines for state legislation, May 19th, 2023, for non-exempt bills to be passed out of second committee, May 26th, 2023 to be passed out of the second house, May 31st, 2023 must be passed out of committees, and June 5th, 2023 to be the last day of state legislation for anything to happen.

The Coordinator touched on AB201 and AB265 as they both replaced the original bill the board created. Ms. Nicki Aaker asked to go over both bills. Chair, Shayla Holmes presented AB201, and discussed the amendments and relations between both AB201 and AB265. The Coordinator clarified that AB201 was written to cover both the youth and adult, but after further review Chair, Shayla Holmes noted the amendments had taken all adult relations in the bill. Chair, Shayla Holmes presented AB265, and discussed the amendments published mirrored AB201.

10.) Informational: Regional Behavioral Health Coordinator and Board Member updates regarding mental health and substance use/opioid use (SUD/OUD) concerns, initiatives, upcoming trainings and events, and overall successes and gaps in their area of specialty. (Cherylyn Rahr-Wood, Regional Behavioral Health Coordinator, Board Members)

The Coordinator briefed about the progress made in putting together a full board, with the remaining positions being open: Private or Public Insurer Representative, if not available another person who has experience with working with insurers; and a Representative from a community-based organization providing behavioral health services or a member who represents the interest of community-based organizations who provide behavioral health services. The Coordinator discussed the CIT International outreach to both the Coordinator and Ms. Lara Yanez from NAMI Western Nevada, to present on Caring Contacts and the Teen Text Line in August of 2023. The Coordinator shared the event for May 6th, 2023, in Churchill, where there will be several speakers and other activities to help kick off Mental Health Awareness Month. The Coordinator announced the NAMI Western Nevada, 6th Annual Unmasked Gala, at the Casino Fandango on May 12th, 2023, and the different levels to participate in. The Coordinator shared the sources that help consumers and professionals, and briefly covered findsupport.gov and the trainings that are on SAMHSA website. The Coordinator did report the submission of the Governor's Report that was submitted, and the agenda to brief about it next month.

11.) Informational: Local Behavioral Health Taskforce updates regarding mental health and substance use/opioid use (SUD/OUD) concerns, initiatives, trainings, data reports, successes, and gaps in their area. (Board Behavioral Taskforce appointees)

Behavioral Taskforce Board Representatives/designees:

- Carson Nicki Aaker: Ms. Nicki Aaker reported that there is a new strategic plan, that through the community needs assessment program did still have a high priority of mental health, as well as the Opioid Needs Assessment. The Coordinator added that while in Carson City there was discussion about the needs, BHCI Plan for the State, the youth struggle, and the housing needs. Ms. Aaker stated that Carson City is taking a stance on the long term stay motels, and how housing is being strained because of the construction of multiple complexes.
- **Churchill Shannon Ernst:** Shannon Ernst was not in attendance, Ms. Lara Robards briefed on her behalf. Ms. Lana Robards briefed that the Churchill County Social Services to hold the behavioral health meetings in the county starting in the month of June.
- Douglas Daria Winslow: Ms. Daria Winslow briefed that the task force did not meet in the last month due to grant deadlines, but there was a Survey Monkey that was sent out. Ms. Winslow added that the Opioid Needs Assessment will be discussed at the next meeting.
- Lyon Shayla Holmes: Chair, Shayla Holmes reported that there are not many changes, but there is major discussion about the pre-disaster stage, where the youth is having anxiety about flooding. Ms. Holmes discussed a possible size star as a triage assessment tool to identify levels of need when in crisis. Chair Shayla Holmes briefly touched on suicide prevention training and the effects it already has on Lyon County.
- Storey Erik Schoen: Mr. Erik Schoen briefed about the Mental Health Support System in schools, with the addition of sheriffs and support by local law authorities. Mr. Schoen discussed the worry about housing, with emphasis on the elderly that are not able to accommodate to the rising housing market.
- 12.) For Possible Action: Discussion/Approval of Future Agenda Items.

The Coordinator suggested to bring back Ms. Taylor Alison to brief and review about the EOP Plan for behavioral health, 988 reporting and presentation from Ms. Rochelle Pellissier, Northern Regional Behavioral Health Profile, Board Priorities, and a possible candidate for another board member.

Vice Chair, Amy Hyne-Sutherland suggested prioritizing the Board Priorities for June if there are not a lot of presentations scheduled, to give the priorities review a lot of attention.

Chair Shayla Holmes discussed the Scope of Work for the Coordinator, and it was clarified that the Scope of Work was approved about 2 months ago. The Coordinator clarified that all the coordinators that work in the Board's region do work closely together. Vice Chair, Dr. Amy Sutherland requested that all board members share all coordinator information that they know with the Board's Coordinator via email.

Vice Chair, Dr. Amy Hyne-Sutherland motion to approve, Mr. Erik Schoen to second. None opposed, motion carried.

13.) Informational: Next meeting is on June 1st, 2023, at 2:00 PM until adjourned.

14.) PUBLIC COMMENT

Action may not be taken on any matter brought up under this agenda item until scheduled on an agenda for a later meeting. Public testimony under this agenda item may be online, by phone or by written comment. Due to time considerations, each individual offering public comment will be limited to not more than <u>three (3)</u> minutes.

No comment made

15.) Adjournment (Chair and/or Vice Chair). Meeting adjourned at 4:03 pm.

AGENDA POSTED AT THE FOLLOWING LOCATIONS: 4600 Kietzke Lane Suite I-209 4150 Technology Way, Carson City, Nevada On the Internet at <u>dpbh.nv.gov/Boards/RBHPB/Board Meetings/2018/northern-regional/</u> and the Department of Health and Human Services Website <u>www.listserv.state.nv.us.</u> and at Nevada Public Notices: <u>https://notice.nv.gov/</u>

We are pleased to make reasonable accommodations for members of the public who are disabled and wish to call into the meeting. In the event the Zoom application has technical difficulties, The meeting may be conducted by teleconference from the same location. If special arrangements are necessary, please notify Cherylyn Rahr-Wood at 460 Kietzke Lane I-209, Reno, Nevada 89502 or by calling (775)827-4770 up to three days before the meeting date. Anyone who wants to be on the advisory council mailing list can sign up on the listserv at www.listserv.state.nv.us/ctgi-bin/wa?HOME.

If you need supporting documents for this meeting, please notify Cherylyn Rahr-Wood, Northern Regional Behavioral Health Coordinator, at (775)827-4770 or by email at <u>cherylyn@nrhp.org</u>